



# Smertedagbog

Smerteniveau	10	9	8	7	6	5	4	3	2	1	0																				
Dato	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Menstruation																															
Motion																															
Medicin																															